

Recipe for Slow n' Sweet Summer Days

A collection of provocations + gentle nudges from the *Thirty Sunsets* and a *Moon Project*



Serve up some fancy honey lemonade with muddled blackberries + a splash of sparkling mineral water in repurposed glass yogurt jars.



After you've made that lemonade, scoop the lemon halves clean and fix a snack for the birds by filling them with dried fruits + seeds and hanging them from branches with twine.



String bracelets of sun-dried clay beads and seashells on sturdy cotton thread.



Bake sweet layer cakes and let them cool in the window while you catch the sweet morning breeze outside.



Grab your favorite books, or tales told by heart, for a picnic story time outside under the trees. Bring a basket along with fresh baked bread + something cool to drink to round it all out.



Snack on plump figs and juicy apricots plucked from a dear friend's trees.



Hang a golden painted sun with a few birds in flight from thread and tape them to a window pane for a brilliant display.



Freeze a batch of popsicles made from two cups of sheep milk yogurt, a generous handful of frozen strawberries with the leaves, a pinch of ginger and raw, local honey to your liking.



Eat smoothie popsicles for breakfast on warm summer mornings, just sayin' it's a real good idea.



Dip your toes in a tub full of cool water and watch the sunset over the horizon.



Craft your own magical spot in the shade from sheets, play silks or whatever you have on hand draped and tied on sturdy branches. Now, rest and watch the colors dance with the wind.



Slather summer's butter on griddle cakes on days when turning on the oven seems unthinkable.



Have friends over for a picnic lunch in the garden, on the occasion Eid or no occasion at all, just don't forget the fresh churned peach ice cream and sliced pound cake.

